GENERAL RESOURCE LIST





Phone: 2-1-1 Website: www.211ut.org Fax: 801-736-7800

,
EMERGENCIES (24 HOURS) Life Threatening 9-1-1 Crisis/Suicide Prevention 801-587-3000 National Suicide Prevention Lifeline 1-800-273-TALK (8255) Poison Control 1-800-222-1222
ADULT & CHILD ABUSE/NEGLECT Adult Protective Services (APS) (Reporting)264-7669, 1-800-371-7897 (Central Regional Office)
COURTS/GOVERNMENT SERVICES/LAW ENFORCEMENT See Government Resource List
DOMESTIC VIOLENCE Domestic Violence Information Line
EMPLOYMENT/JOB TRAINING
(See also: "Employment: Temporary" in the Yellow Pages)Department of Workforce Services (DWS)801-526-0950 x 1Deseret Industries (DI) (Welfare Square)801-240-7202Division of Rehabilitation Services801-538-7530Indian Training and Education Center801-973-6484Job Corps (Centerville)1-800-733-5627(Salt Lake)801-693-2902(West Valley, Glendale, Rose Park, Magna)801-898-7302LDS Employment Services (Welfare Square)801-240-7240Labor Commission801-530-6800People Helping People801-583-5300
FINANCIAL COUNSELING AAA Fair Credit Foundation 1-800-351-4195 American Credit Foundation 801-208-1000 Community Action Program 801-359-2444 Cornerstone Financial Education 1-800-336-1245 Extension Services, USU 801-468-3179 Financial Vital Signs 801-977-0555 NeighborWorks Salt Lake 801-539-1590

FOOD ASSISTANCE PROGRAMS
Food Pantries (see Food Resource List or dial 2-1-1)
Community Food Co-op of Utah801-746-7878
Food Stamps, Department of Workforce Services (DWS) 801-526-0950
Home Delivered Meals/Congregate Meals (Senior Citizens)
Salt Lake County Aging Services (Meals on Wheels/Senior Citizen
Centers)385-468-3200
Prepared Meal Sites/Soup Kitchens (see Food Resource List, Homeless Resource List, or dial 2-1-1)
Utah Co-op801-556-2223
Utah Food Bank
Senior Food Box/Commodity Supplemental Food Program 801-887-1275
Utahns Against Hunger (Referral/Advocacy)801-328-2561

WIC (Women, Infants & Children), Utah Department Health 801-538-6960

HEALTH CARE/HOSPITALS/CLINICS

See Salt Lake Area Health and Dental Resource Lists

HOMELESS SERVICES

See Homeless Resource List

Crossroads Urban Center	801-364-7765
Deseret Industries (DI) (Welfare Square)	
(For items at no cost must receive referral from LDS Bishop)	. 801-240-7202
Rescue Haven (Women & children's clothing)	801-521-5925
Rescue Mission (Men's clothing)	801-355-1302
St. Vincent de Paul Center	801-363-7710

HOUSING/UTILITIES
American Red Cross (Utilities, seniors/people with disabilities)801-323-7000
Assist, Inc. (Emergency home repairs/accessibility)801-355-7085
Community Action Program, Salt Lake (SLCAP)801-359-2444
Community Development Corporation of Utah (Home purchase) 801-994-7222
Department of Workforce Services (DWS)
Eligibility Services 801-526-0950
Habitat for Humanity, Salt Lake Valley801-263-0136
HEAT (Home Energy Assistance Target) (Nov. – April) 801-521-6107
Housing Authority, Salt Lake City (Rental subsidies)801-487-2161
Housing Authority, Salt Lake County (Rental subsidies)801-284-4400
Housing Authority, West Valley City801-963-3320
(Rental subsidies, home purchase, emergency home repairs)
Questar Gas (Customer Service) 1-800-323-5517

Blue Stakes......8-1-1 or 1-800-662-4111 NeighborWorks Salt Lake (Home purchase/rehab)801-539-1590 UTAP (Utah Telephone Assistance Program) – Lifeline...... 1-800-948-7540 Utah Housing Corporation (Home purchase).....801-902-8200

Rocky Mountain Power.....1-888-221-7070 Outages.....1-877-548-3768 LEGAL INFORMATION/CONSULTATION

LEGAL IIII OKIMATION CONCOLIATION	
Consumer Protection, Division of	801-530-6601
Salt Lake Legal Defenders (By court appointment only)	801-532-5444
Disability Law Center	801-363-1347
Legal Aid Society of Salt Lake, Inc. (Family law)	801-328-8849
Utah Legal Services	801-328-8891
Utah State Bar	801-531-9077
Tuesday Night Bar (Call Mon. 1-5 pm for appointment)	801-297-7037
Utah State Courts' Self Help Center	1-888-683-0009
Utah State Law Library	801-238-7990
Free legal clinic listingswww.utcourts.gov/	nowto/legalclinics

LIBRARIES

Sait Lake City	
Anderson-Foothill	801-594-8611
Chapman	801-594-8623
Day-Riverside	
Sweet	
Main Library Sprague	801-524-8200 801-594-8640





LIBRARIES (CONTINUED)

Salt Lake County (customer service, holds, renewals, etc.).....801-943-4636 *Locations*:

Bingham Creek (West Jordan)	Millcreek
Calvin S. Smith (Salt Lake)	Riverton
Columbus (South Salt Lake)	Ruth Vine Tyler (Midvale)
Draper	Sandy
Herriman	South Jordan
Holladay	Taylorsville
Hunter (West Valley)	West Jordan
Kearns	Whitmore (Salt Lake)
Magna	West Valley

MENTAL HEALTH/COUNSELING

The Children's Center (6 years old and younger)	801-582-5534
Family Counseling Center	801-261-3500
Family Support Center (Parents and children)	.801-955-9110
Holy Cross Ministries	801-261-3440
Jewish Family Services	
Jordan Family Education Center (Parenting)	801-565-7442
LDS Family Services	801-240-6808
NAMI UTAH (National Alliance on Mental Illness) (Helpline)	801-323-9900
Salt Lake County Division of Youth Services (Ages 8-18)	385-468-4500
Shepherd's Staff Christian Counseling Center	.801-561-9987
Utah Youth Village	801-272-9980
Valley Mental Health (Admin)	801-263-7100
Adult Services	801-270-6550
Children's Services	801-284-4990

OTHER SERVICES

Better Business Bureau (BBB)	801-892-6009
Plasma Centers (Bio Mat Plasma Services)	801-363-7697
(CSL Plasma Services)	801-485-5085
Pregnancy Testingsee Single Parent Resource	e List or call 2-1-1
Salt Lake Chamber of Commerce	801-364-3631
Salt Lake Convention and Visitors Bureau	801-534-4900
Senior Corps of Retired Executives (SCORE)	801-746-2269
U. S. Small Business Development Center	801-957-4654
Utah Transit Authority801-RID	E-UTA (287-7433)

PEOPLE WITH DISABILITIES

711 Relay Utah7-1-1	or 801-715-3470
Columbus Community Center	801-262-1552
Disability-related information	2-1-1
Division of Rehabilitation Services	801-538-7530
Division of Services for People with Disabilities (DSPD)	1-877-568-0084
Neighborhood House (Riverside Adult Day Center)	801-363-4593
(Cottonwood Adult Day Center)	801-277-3264
Rise, Inc.	801-208-1031
St. Joseph Villa	801-487-7557
Turn Community Services	801-359-8876
Utah Independent Living Center	801-466-5565
Utah Parent Center and Autism Information Resources	801-272-1051
Work Activity Center	801-977-9779

PREGNANCY (SEE ALSO HEALTH RESOURCE LIST)

Baby Your Baby Hotline1-	800-826-9662
LDS Family Services	. 801-240-1711
Planned Parenthood Association of Utah (Administration)	.801-532-1586
Salt Lake City Health Center	.801-322-5571
South Jordan Health Clinic	801-254-2052
West Valley City Health Center	.801-973-9675
Pregnancy Resource Center	801-363-5433
Pregnancy Riskline	801-328-2229
The Children's Service Society of Utah	801-355-7444

RAPE/SEXUAL ASSAULT

Victim Assistance Program, West Jordan	Rape Recovery Center	1-888-328-5486 801-746-0404 1-888-421-1100 801-576-6355 801-284-4203 it801-580-7969 801-568-4627 801-254-4708 801-412-3660
	Victim Assistance, South Salt Lake	801-412-3660

SENIOR CITIZENS

AARP	1-866-448-3616
Neighbors Helping Neighbors	801-581-5162
Salt Lake County Aging Services	385-468-3200
Senior Center Programs	385-468-3080

SEXUALLY TRANSMITTED DISEASES/AIDS INFO

People with AIDS Coalition of Utah	801-484-2205
Planned Parenthood Association of Utah	
Salt Lake City Health Center	801-322-5571
West Valley City Health Center	801-973-9675
Primary Care Alliance - Ryan White Title III Program	801-585-2031
Bureau of Epidemiology	801-538-6191
STD/HIV/AIDS Education, Salt Lake Valley Health Dept	385-468-4225
Utah AIDS Foundation	801-487-2222

SUBSTANCE ABUSE

(For information on inpatient and outpatient substance abuse treatment programs, please call the county's Assessment and Referral Unit or 2-1-1.)

AA (Alcoholics Anonymous)	801-484-7871
Al-Anon Family Groups	
Interim Group Services	801-532-1850
Narcotics Anonymous	1-877-479-6262
Nicotine Anonymous	
Salt Lake County Assessment and Referral Unit	
Tobacco Quit Line	1-888-567-TRUTH (8788)

SUPPORT GROUPS

Call for details on various groups2-1-1

VOLUNTEER

2-1-1 Volunteer Center	2-1-1
Lowell Bennion Community Service Center, U of U	801-581-4811
Thayne Center for Service & Learning, SLCC	801-957-4555

WELFARE AND FINANCIAL SERVICES

Department of Workforce Services (DWS)	
Eligibility Services	801-526-0950
Constituent Affairs	801-526-4390
Office of Recovery Services (ORS)	
Social Security Administration (SSA) (National)	1-800-772-1213
Murray Office	1-866-690-1947
Salt Lake Office	1-866-851-5275
Unemployment Insurance Center	801-526-4400
Worker's Compensation Fund (WCF)1-800-5	30-5090, 801-530-6800

United Way 2-1-1 is the place to call if you need help or want to give help.

Callers can be linked to resources available from health and human

service programs throughout the state.

Last Update: March 2013. Please visit www.211ut.org for the most current resource lists. If your cellular phone or office phone system does not recognize the 211 number, you can dial 1-888-826-9790 for the same free service.